



# Lend a Helping Hand

Donate any time during the year at AME events or meetings.

# Holiday Food Drive

The Holidays are fast approaching; please remember those less fortunate in our communities. Please donate non-perishable food items so that we may continue to offer our assistance to our local food pantries.

Many of us know friends and neighbors who are being challenged by this economy. Your donations can make all the difference in their lives as they struggle to provide for themselves and their children. **All you need to do is bring your donations to work and your Unit President will bring them to Union Headquarters, or members of the AME Executive Board will pick them up when they visit your site.**

If we all share just a little, we can substantially ease the burden for those around us who are less fortunate.

